

ATD STARS TEAM HANDBOOK



This handbook isn't just information; it's a success playbook. Inside, you'll find exactly what's expected, how to prepare, and what it takes to thrive as a Stars Team Dancer.

WHAT IT MEANS TO BE A *STAR!*

SHINE BRIGHTER THAN YESTERDAY



Whether this is your first season or you're returning for another year, we're excited to have you as part of the All That Dance Stars Team family.

Being a Star is about more than competitions and trophies. It's about working hard, supporting your teammates, embracing challenges, and becoming the best dancer—and person—you can be. Every class, rehearsal, and performance is an opportunity to grow in confidence, character, and skill.

This handbook will help you understand our team expectations, values, and what it means to be a member of the Stars Team. Together, let's make this season one filled with hard work, unforgettable memories, and plenty of reasons to celebrate.

Welcome to the team. Let's shine together!

— *Lindsey Smith & the All That Dance Faculty*



TABLE OF CONTENTS



- ★ Page 2 . . . Our Mission: Why We Compete
- ★ Page 3 . . . Team Divisions
- ★ Page 4 . . . Stars Team Selection Process
- ★ Page 5 . . . Building Our Teams
- ★ Page 6 . . . Training Requirements
- ★ Page 7 . . . Classes & Curriculum Overview
- ★ Page 8-9 . . . Choreography & Rehearsals
- ★ Page 10-11 . . . Financial Overview & Fees
- ★ Page 12-13 . . . Competition Expectations
- ★ Page 14 . . . Accountability, Culture & Standards
- ★ Page 15 . . . Absences & School Conflicts
- ★ Page 16 . . . Solo, Duet & Trio Requirement
- ★ Page 17 . . . Stars Team Calendar

GET IN TOUCH



☎ (813) 710-0331

✉ atdtampa@gmail.com

✉ atdfrontoffice@gmail.com

🌐 www.allthatdancefl.com

📍 20709 Center Oak Drive
Tampa FL 33647



★ ONE TEAM. ONE GOAL. OUR BEST PERFORMANCE. ★

OUR MISSION & _____

WHY WE DANCE

At All That Dance, we believe competition is about so much more than trophies and awards. Every class, rehearsal, and performance is an opportunity for our dancers to grow in confidence, discipline, resilience, and teamwork.

Competition teaches dancers how to work hard, accept corrections, overcome challenges, and celebrate the success of others. It encourages them to set goals, push beyond their comfort zone, and discover what they are truly capable of accomplishing.

While we are proud of every title, scholarship, and award our dancers earn, our greatest success is watching them become confident, respectful, hardworking young people who believe in themselves both on and off the stage.

Our goal is to create an environment where every dancer feels challenged, supported, and inspired to become the very best version of themselves.

Because at the end of the season, the trophies will eventually collect dust—but the confidence, friendships, work ethic, and life lessons our dancers gain will stay with them forever.



ATD Team Dinner at Planet Hollywood at Nationals - 2026



ATD Stars Team 2026

"Success isn't measured by the trophies we bring home, but by the confidence, character, and memories our dancers build along the way."

— Lindsey Smith, Owner & Director

TEAM DIVISIONS



ATD is proud to offer 5 competitive team divisions for dancers ages 7 and up. Each level is designed to meet dancers where they are and challenge them to grow, improve, and shine.



RISING STARS

AGES 6 AND UP

Our youngest group of dancers ready to work hard, build strong skills, gain performance experience, and grow as part of our team family.



SHINING STARS

AGES 8-12

For dancers continuing to develop strong technique and performance quality while building confidence, discipline, and teamwork.



SHOOTING STARS

AGES 9-13

For dedicated dancers ready to take their training to the next level with more advanced skills, stronger performance expectations, and greater commitment.



SUPER STARS

AGES 10 AND UP

For serious dancers pursuing advanced technique, powerful performance quality, and excellence in competition.



SUPERNOVA STARS

AGES 12 AND UP

Our highest level team for elite dancers committed to excellence, leadership, and representing ATD with passion and pride.



*Age ranges are suggested and not definite.
Dancers may be placed in a team based on age, skill level, maturity,
and the best interest of the dancer and the overall team.*





BUILDING OUR TEAMS

HOW WE CREATE COMPETITION ROUTINES

Our goal is to create the strongest, most well-rounded teams while giving every dancer opportunities to shine.

EVERY DANCER WILL PARTICIPATE IN:



**TEAM
GROUP DANCES**



**TEAM
LINE DANCE**



**ALL
COMPETITIONS**

DANCERS WILL BE GIVEN ADDITIONAL GROUP DANCE OPPORTUNITIES

Depending on dancers strengths, they will be chosen for certain styles of dances and it may be small groups or large groups.

Dancers may also be chosen for a solo and or duet/trio.

Dancers may request a solo and/or duet/trio but it is up to the studio and teachers if we feel a dancer is ready for that opportunity.

All dancers will be considered for small and large group dances, but not all dancers will be given a solo/duet/trio.

Families have the final say on what and how many dances your dancer commits to.



TEAM PLACEMENT IS FLEXIBLE

One Stars Team may perform several different routines. For example, a Rising Stars dancer may perform:

- ★ Jazz
- ★ Musical Theatre
- ★ Contemporary
- ★ Hip Hop
- ★ Tap
- ★ Lyrical
- ★ Acro
- ★ and more!

Another Rising Stars dancer may perform only two or three of those dances.

Parents Have the Final Decision

Parents will receive all routine recommendations before the season begins.



Families have the final say on what and how many dances your dancer commits to.



IMPORTANT REMINDER

Every Stars Team member attends every competition.

OUR

SELECTION PROCESS



HOW DANCERS JOIN THE STARS TEAM

Our goal is to identify passionate, coachable, and dedicated dancers who are ready to grow, work hard, and shine both in and out of the studio.

1



SUMMER TRAINING

EVERY DANCER COMPLETES SUMMER TRAINING BEFORE PLACEMENT.

- ✓ Attend one ATD Intensive Camp (approximately 25 hours)
- OR
- ✓ Complete 25 hours of approved ATD summer training through:



CAMPS



WORKSHOPS



CLASSES



PRIVATE
LESSONS

2



TEACHER EVALUATION

OUR TEACHERS CAREFULLY EVALUATE DANCERS THROUGHOUT THE SUMMER.

We look for dancers who consistently demonstrate:

- ✓ Technique
- ✓ Work Ethic
- ✓ Attitude
- ✓ Ability to Apply Corrections
- ✓ Commitment
- ✓ Teamwork

We focus on potential, growth, and a positive attitude as much as performance.

3



PLACEMENT

At the end of summer, each dancer receives placement in:

- ★ Ballet Level
- ★ Stars Team
- ★ Dance Elective Level (if applicable)



*Built on Growth,
Not Pressure*



Our selection process is designed to support each dancer's growth and future success.

We consider the whole dancer—skills, attitude, effort, and how they work as part of a team.

Our goal is to place every dancer where they will be challenged, supported, and inspired to be their very best.



**RETURNING
STARS TEAM MEMBERS
DO NOT RE-AUDITION.**



Our goal is continued growth, not starting over each season.



*Summer training isn't about proving yourself.
It's about preparing yourself.*



TRAINING REQUIREMENTS

BUILDING STRONG, WELL-ROUNDED DANCERS



At All That Dance, we believe consistent training is the foundation of every successful dancer. While rehearsals prepare dancers for competition, weekly technique classes build the strength, confidence, and skills needed for long-term growth.

Every Stars Team dancer is required to complete the following weekly training:



STARS BALLET

LEVEL BASED

Stars Ballet develops proper technique, strength, flexibility, alignment, artistry, and control. Ballet placement is based on each dancer's individual skill level—not their team placement—to ensure every dancer is challenged at the appropriate level.



STARS DANCE BLOCK

TEAM BASED

Dance Block is the foundation of our Stars Team program. Each class includes technique training, conditioning, flexibility, leaps, turns, choreography, performance quality, and rehearsal of the Stars Team Line Dance throughout the season.



STARS TEAM ELECTIVE

TEAM BASED

The Stars Team Elective is designed to help dancers become versatile, well-rounded performers.

30 MINUTES OF ACRO FLEX

- ✓ Stretching
- ✓ Flexibility
- ✓ Balance
- ✓ Strength
- ✓ Body control
- ✓ Basic acrobatic fundamentals



30 MINUTES OF A FEATURED DANCE STYLE

Which changes throughout the season.

Styles may include:

- Tap
- Hip Hop
- Contemporary
- Modern
- Lyrical
- Musical Theatre
- Limbering & Tumbling
- And more!

Please refer to the Stars Team Elective Schedule later in this handbook for the monthly class calendar.



WHY WE CREATED THE STARS TEAM ELECTIVE

Instead of requiring every dancer to specialize in advanced acrobatics, we want all dancers to continue developing flexibility, strength, balance, and body control while also exploring a variety of dance styles throughout the year. This creates more versatile, confident, and well-rounded performers.



COMPETITION REHEARSALS

Competition rehearsals are in addition to the required weekly classes listed above.

Typical rehearsal schedule:

RISING & SHINING STARS

- Fridays

SHOOTING, SUPER & SUPERNOVA STARS

- Saturday mornings

Rehearsal schedules may vary throughout the season.



STARS TEAM LINE DANCE

Every Stars Team dancer participates in one Stars Team Line Dance each season.

This dance rehearses **one Sunday each month**. Please refer to the Stars Team Calendar for rehearsal dates and times.



WEEKLY TRAINING REQUIREMENTS



Stars Ballet
(Level Based)



Stars Dance Block
(Team Based)



Stars Team Elective
(Team Based)



Competition Rehearsals
(as scheduled)



Monthly Line Dance
Rehearsal
(One Sunday each month)

CHOREOGRAPHY & REHEARSALS

◆ OUR CHOREOGRAPHY PROCESS

At All That Dance, choreography begins before the dance season even starts. Our goal is to complete all Stars Team choreography during the summer so dancers begin the school year focused on rehearsing, improving, and performing—not just learning steps.

After the final Summer Intensive, families will receive a choreography schedule for all group dances. Choreography sessions take place before fall classes begin, allowing dancers to start the season prepared and confident.

◆ CHOREOGRAPHY HOURS

GROUP DANCES



Small Groups
Approximately 4 hours



Large Groups
Approximately 4 hours



Stars Team Line Dance
Approximately 6 hours
(typically split over two days)

SPECIALTY DANCES



Solos
Approximately 3 hours



Duets/Trios
Approximately 4 hours



Our Goal

To have all choreography completed by
September 1st.

This allows the remainder of the season to focus on rehearsing, cleaning, and performance quality.

◆ REHEARSAL EXPECTATIONS

- ✓ Arrive early and ready to dance.
- ✓ Hair secured and proper dance attire.
- ✓ Bring all required dance shoes and a water bottle.
- ✓ Know previously learned choreography.
- ✓ Accept corrections with a positive attitude.
- ✓ Encourage and support your teammates.
- ✓ Practice outside of rehearsal.
- ✓ Notify the studio if you must miss rehearsal.



IF YOU MISS CHOREOGRAPHY

If a dancer is unable to attend a scheduled choreography session, they may be required to schedule a private lesson with the choreographer to learn the material before regular Stars Team rehearsals begin.

This ensures the entire group can continue moving forward together.

Prepare. Learn. Grow. Shine.

TRUST THE CREATIVE PROCESS

Artistry. Passion. Progress.

CHOREOGRAPHY IS AN ART



Every dance begins with an idea.

Our teachers spend countless hours selecting music, creating movement, editing songs, and designing routines that highlight the strengths of each dancer and each group.



Choreography fees (included in your Stars Team fees) help cover the teacher's planning time, music selection and editing, and bringing their artistic vision to life.



A dance is rarely "finished" after choreography weekend. Throughout the season, teachers continue refining formations, transitions, skills, and performance quality as the dancers grow.



Sometimes this means changing sections of a dance, replacing choreography, or trying several ideas before deciding what works best. This is a normal—and exciting—part of the creative process.



We ask dancers and families to trust the process and allow teachers the freedom to create, adjust, and perfect each routine throughout the season.

“
*Great dances
aren't created
in a day—*

they're created through
months of trust, hard work,
collaboration, and
continuous refinement.

”

SOLOS, DUETS & TRIOS

For specialty dances, the choreographer works closely with each dancer and family to create a routine that is both exciting for the dancer and artistically strong for competition.



SONG SELECTION

Teachers are always happy to hear song ideas from dancers! These suggestions help inspire the creative process, but final music selections are made together with the choreographer to ensure the best fit.



SCHEDULING CHOREOGRAPHY

Once music has been selected and approved by both the family and choreographer, choreography sessions will be scheduled.



COSTUME SELECTION

Costume selection follows the same collaborative process. Families are welcome to share ideas, but final costume decisions should support the choreographer's artistic vision and the overall concept of the routine.



A PARTNERSHIP

Although a solo, duet, or trio belongs to the dancer, it is also an original work created by the choreographer. We ask families to respect that artistic process and work together with the teacher to create something truly special.

★ KEY REMINDERS ★



All choreography (teams, solos, duets, trios, groups, and line dances) is completed before the season begins.



We may try many combinations, formations, and ideas before choosing the final version.



Teachers are always working to create the best possible routine for your dancer and their team.



Trust the process, stay positive, and enjoy the journey!

★ ★ ★ ★ *One Team. One Goal. Our Best Performance.* ★ ★ ★ ★



ACCOUNT INFORMATION & ADDITIONAL EXPENSES

Important information about managing your account and other potential expenses.

★ ACCOUNT OPTIONS ★

You have 2 ways to handle your account:



OPTION 1: AUTO PAY

Keep a card(s) on file and we will process your monthly tuition payment AND your Stars Team payment for you.



OPTION 2: PARENT PORTAL

You handle your own account by making payments on the Parent Portal. All payments must be paid by the 10th of each month or a late fee will be posted.



Please let Miss Starr know how you would like to handle your account. If anything changes or you have any questions, just ask Miss Starr!



ATD SPIRIT WEAR ★★



We will open an online store at the beginning of the year so dancers can order ATD apparel such as:

- ★ Jackets
- ★ Sport bras
- ★ Tanks
- ★ Shorts
- ★ Book bags
- ★ And more!

All of these are approved items to wear to class and at competition. None of them are mandatory and completely optional, so stay tuned for more information about the Plie Promotions spirit wear store!



POSSIBLE ADDITIONAL EXPENSES

The following expenses are not included in your Stars Team monthly payment:



PRIVATE LESSONS (IF YOU CHOOSE)

Private instruction is optional and not included in your monthly payment.



SHOES

Competition shoes and other dance shoes are an additional expense.



EARRINGS

Earrings for performances are an additional expense.



OPTIONAL COMPETITIONS (S/D/T)

We may offer 1–2 optional competitions for solos, duets, and trios. These will be an additional cost.



TRAVEL / HOTEL

Hotel stays, extra travel, parking, and meals are not included.



CONVENTIONS (NOVEMBER) ★★

We are planning to attend two conventions in November (see calendar for dates).



TURN IT UP DANCE CONVENTION

A one day dance convention. Dancers must attend 1 of these conventions.



ACCELERATE ACRO CONVENTION

Either 1–3 days depending on your acro level. Some of our dancers attended this one and it was tons of fun if your dancer loves acro and dance!

We will let you know when registration opens and will have more information about both conventions and prices at that time.



Questions about your Stars Team account?

Miss Starr is always happy to help! Whether you have questions about fees, payment options, or need to make payment arrangements, please reach out.

★ WE ARE HERE TO SUPPORT YOU EVERY STEP OF THE WAY! ★

★ *One Team. One Goal. Our Best Performance.* ★



STARS TEAM FEES

*One simple monthly payment
for your competitive season.*

WHAT IS INCLUDED IN YOUR Stars Team Monthly Payment?

Your Stars Team monthly payment (also called your Stars Team Fee) is an estimated amount that includes the major expenses for your competitive season. This allows us to make your budgeting simple and predictable!



STARS TEAM FEE
(ONE TIME PAYMENT)
\$750



**CHOREOGRAPHY
FEES**
For new routines



**COMPETITION
ENTRY FEES**
For all your
routines



**ALL OF THE ABOVE ARE INCLUDED IN YOUR STARS TEAM
MONTHLY PAYMENT!**

We estimate and plan ahead so you can focus on dancing!

★ How It Works ★



**PAYMENTS START
IN AUGUST**
10 equal monthly
payments
(Aug–May)



**EQUAL MONTHLY
PAYMENTS**
Easy to budget with
no surprise fees



ESTIMATED AMOUNT
Based on planning
for your season
expenses



COSTUMES WILL BE ADDED LATER

Once costumes are selected, we will adjust your monthly payment to include those fees and spread the costume cost evenly over the remaining months of the season.

You'll always know what to expect!

IMPORTANT NOTES

- ✓ Your Stars Team monthly payment is an **ESTIMATE** based on typical costs for the season.
- ✓ You will be notified of your monthly amount before payments begin in August.
- ✓ We monitor and plan carefully to keep your payments as accurate as possible.



PAY AHEAD & SAVE MONTHLY

At any time, you can put money toward your dance bill and it will reduce your monthly Stars Team payment.

.....
This is a great way to stay ahead and make your experience more affordable!



ACCOUNT OPTIONS

You have 2 ways to handle your account:

OPTION 1: AUTO PAY

Keep a card(s) on file and we will process your monthly tuition payment AND your Stars Team payment for you.

OPTION 2: PARENT PORTAL

You handle your own account by making payments on the Parent Portal. All payments must be paid by the 10th of each month or a late fee will be posted.



Please let Miss Starr know how you would like to handle your account. If anything changes or you have any questions, just ask Miss Starr!



THINGS NOT INCLUDED IN YOUR STARS TEAM FEE

★ **CONVENTIONS**

We are planning to attend two conventions in November (see calendar for dates). Dancers must attend 1 of these conventions.

- ▶ Turn It Up Dance Convention – one day dance convention.
- ▶ Accelerate Acro Convention – 1–3 days depending on your acro level.

Payment for conventions will be due at the time of registration.

★ *One Team. One Goal. Our Best Performance.* ★

Questions about fees or payment arrangements? Miss Starr is always happy to help!



COMPETITION WEEKEND: BEFORE YOU PERFORM

Everything you need to know for a successful competition weekend!



1. WHAT IS A COMPETITION? ★★

Dance competitions are an exciting opportunity to perform, learn, and grow as dancers and as a team.

- ★ Studios from across the region come together to perform and be adjudicated by professional judges.
- ★ Competitions are multi-day events, typically held Friday–Sunday.
- ★ Each routine is judged on a numeric scale and ranked against others in its category, age, and level.
- ★ Exact schedules are released about 7–10 days before the event.
- ★ We attend competitions to challenge ourselves, build confidence, and celebrate our accomplishments together.
- ★ Winning is exciting—but growth, teamwork, and sportsmanship are our greatest goals!



2. ARRIVAL TIME & CALL TIME ★★

- ★ Arrive early! Allow plenty of time for parking and check-in.
- ★ Be checked in and ready before your scheduled arrival time.
- ★ Competition schedules often change throughout the day.

Call time is not optional—this is a professional-level commitment. The entire team depends on punctuality. Please plan ahead and give yourself extra time!



3. HAIR, MAKEUP, TIGHTS & SHOES ★★

Once choreography is complete and costumes are selected, ATD will provide detailed information for:

- ✓ Hair style
- ✓ Tights
- ✓ Makeup
- ✓ Shoes



COMPETITION EARRINGS

Order your own rhinestone competition earrings from Amazon (clip-on or pierced options).

Stay tuned—we'll send complete information about hair, makeup, tights & shoes before the first competition.



4. COMPETITION PREP ★★

As competition approaches, we will send information including:

- ✓ What to bring
- ✓ Competition etiquette
- ✓ What to wear
- ✓ Schedule reminders
- ✓ Arrival instructions
- ✓ Helpful tips



We have the best Dance Moms and Booster Club that is always there to lend a hand, give advice, and support our new dance families.

Don't worry, we've got you covered!



We are here to help! ★★

This is an exciting time for your dancer and your entire family! Our goal is to make your competition weekend as smooth, organized and enjoyable as possible.

Read on for important information about food, awards, communication and more!



Communication, schedules and updates will all be shared through our brand new ATD App (see next page).



You're not alone!

We will send detailed competition information before every event so your family always knows exactly what to expect.



COMPETITION DAY: PERFORMING LIKE A PRO

You've prepared. You're ready. Now go shine!



5. FOOD, DRINKS & PARKING

- ★ Some venues don't allow outside food or drinks.
- ★ We recommend bringing snacks discreetly packed and planning meals off-site when possible.
- ★ Parking is typically not provided by the event.
- ★ Plan to arrive early and give yourself extra time to navigate.
- ★ The studio does not manage venue logistics.



Team Support!

At some events (if it works out), we will do a team SignUpGenius so everyone can pitch in to help keep our dancers fed, hydrated, and going for long weekends!



6. HOW AWARDS WORK

Each competition uses its own scoring scale, and most post the rubric or placement scale on their website.

- ★ **CATEGORY AWARDS** – Adjudicated Score (Platinum, High Gold, etc.)
- ★ **OVERALL AWARDS** – Overall Placement (High Point, Top Score, etc.)
- ★ **SPECIALTY AWARDS** – Based on specific standout elements
- ★ **SCHOLARSHIPS** – Awarded for technique, performance, or potential
- ★ **JUDGES AWARDS** – Selected by the judges for excellence



7. COMPETITION COMMUNICATION

All communication during competition weekends will take place through our brand new ATD App.

You'll receive:

- ✓ Team chats
- ✓ Teacher announcements
- ✓ Schedule updates
- ✓ Awards information
- ✓ Last-minute changes
- ✓ Important reminders



Everything you need in one place!

The ATD App will be released this upcoming dance year.



8. DO WE STAY FOR AWARDS?

- ♥ We encourage all dancers and families to stay for awards whenever possible!
- ♥ If you can't stay for any reason, please let us know.
- ♥ Some award sessions are many hours after your dancer's last dance. We understand families have other children and family obligations.
- ♥ Just let us know so we make sure your dancer isn't selected for a team award for that routine.



9. WHAT SHOULD MY DANCER WEAR TO AWARDS?

WEAR ANYTHING ATD!

- ✓ Team jacket
- ✓ Costume with jacket over it
- ✓ Team shirt
- ✓ Approved ATD spirit wear

PLEASE AVOID:

- ✗ Funny hats
- ✗ Slippers
- ✗ Jean shorts
- ✗ Clothing that does not represent our team professionally



10. HOW DO I HELP MY DANCER PREPARE?

- ✓ Pack everything the night before.
- ✓ Ensure your dancer is fueled, hydrated, and well-rested.
- ✓ Encourage rest and relaxation the night before.
- ✓ Practice good sportsmanship.
- ✓ Support their hard work and celebrate their effort.
- ✓ Trust their training and let the teachers coach.

Your encouragement means everything!



11. WHAT SHOULD I SAY TO MY DANCER AFTER THEY PERFORM?

★ FOCUS ON EFFORT, NOT OUTCOME.

Say, "I'm so proud of you for how hard you worked and how brave you were out there."



★ AVOID POINTING OUT MISTAKES IMMEDIATELY.

Their teacher will handle technical feedback later. Your job is to be their support system, not their critic.



★ CELEBRATE THE EXPERIENCE.

Focus on the fun, the friendships, the team spirit, and the memories you're making together.

★ KEEP IT POSITIVE.

A positive mindset helps them enjoy the moment and want to keep improving!



The trophy lasts a season. The confidence lasts a lifetime.





ACCOUNTABILITY, CULTURE & STANDARDS

Excellence is a choice. Every day. In every way.



At All That Dance (ATD), we are not just training dancers; we are developing artists, leaders, and teammates who rise to high standards both in and out of the studio. Our competitive program isn't just about trophies; it's about the kind of discipline, mindset, and culture that produces true excellence.

This page outlines the expectations we hold for every Company member and why they matter.



ACCOUNTABILITY

SHOW UP. SHOW RESPECT.
SHOW GROWTH.

We are not a drop-in program. We are a committed team, and our success depends on each dancer taking responsibility for their growth. That includes:

- ✓ **CONSISTENT ATTENDANCE:** Every class, every rehearsal, every moment matters. Excessive absences are not only unfair to the team; they hinder your dancer's progress.
- ✓ **PUNCTUALITY:** Late arrivals disrupt training. Be early, warmed up, and ready to work.
- ✓ **PREPAREDNESS:** Dancers must come to class with proper attire, shoes, hair done, and a focused mindset. Being prepared is a form of respect; for the teacher, the team, and the training.
- ✓ **RETENTION:** Corrections should not be forgotten or ignored. Dancers are expected to apply feedback, not rely on constant reminders.
- ✓ **EFFORT AT HOME:** Practicing outside of the studio is part of being a competitive dancer. Videos, music, and tools are provided but using them is up to the dancer.

- ★ When you choose to be on this team, you choose to be *accountable*. We will support you every step of the way, but we will not lower the standard. ★



CULTURE

WHAT WE TOLERATE
IS WHAT WE TEACH

We are building a culture of excellence, not just in skill but in character. Our dancers are expected to:

- ★ Support each other, not compete against each other.
- ★ Speak respectfully to teachers, teammates, and themselves.
- ★ Lead with kindness, grit, and humility.
- ★ Accept feedback without defensiveness.
- ★ Take responsibility instead of placing blame.

Gossip, negativity, complaining, or entitlement will not be tolerated. These behaviors erode trust and drag down the group. Dancers who consistently violate the culture of this program may lose the privilege of being in it.



*This isn't about being perfect.
It's about being committed
to better.*



STANDARDS

WE RISE TOGETHER

The most successful dancers don't always start as the most talented; they're the ones who train with intention, show up for their team, and rise to the expectations around them.

We hold our Company dancers to a high (but very achievable) standard because we believe in their potential. That means:

- ★ Showing up early, in dress code, without being reminded.
- ★ Practicing outside the studio as a personal responsibility.
- ★ Coming to rehearsals energized, focused, and coachable.
- ★ Treating guest artists and faculty with professionalism.
- ★ Being proud of what you bring to the team and hungry to improve.

We don't chase perfection. We chase progress. And when every dancer in the room is aligned with that mindset, the results take care of themselves.



STARS TEAM AGREEMENT

We're in This Together

This agreement ensures that every member of our ATD family is on the same page—working together toward the same goals with the same expectations.

At the beginning of each season, every dancer and parent/guardian will be provided a Stars Team Contract to review and sign.

- ✓ The contract outlines all expectations, policies, and responsibilities in detail.
- ✓ It covers attendance, communication, rehearsal requirements, competitions, behavior, dress code, social media, and more.
- ✓ Both dancers and parents must sign to acknowledge understanding and commitment to our team standards.



High standards. Strong culture. Unstoppable team.



ONE TEAM. ONE GOAL. OUR BEST PERFORMANCE.





SOLO, DUET & TRIO REQUIREMENT



Stronger training. Stronger dancers. Stronger performances.

New this year: Any dancer with a **Solo, Duet, or Trio** must take a **second ballet class** to support their individual growth and performance quality.

WHAT'S NEW THIS YEAR

LAST YEAR

Everyone did a Stars Team ballet during the week and a second ballet class either Friday or Saturday morning.



THIS YEAR

Dancers with a Solo, Duet, or Trio will attend a 1.5 hour ballet class after every line rehearsal on Sunday line rehearsal days.



VS.



This change allows for more focused, consistent ballet training that directly supports your dancer's solo work.



SUNDAY LINE REHEARSAL + BALLET SCHEDULE

On the Sunday of each monthly Line Rehearsal:



**4:00 – 6:00 PM
LINE REHEARSAL**

All Stars Team members
(required monthly)



**6:00 – 7:30 PM
ADDITIONAL BALLET CLASS**

Required for dancers with a
Solo, Duet, or Trio



There will be a **monthly class fee** for this additional ballet class.

WHY THIS REQUIREMENT MATTERS

If you have a S/D/T...



- ★ You are dancing either by yourself or with 1–2 other dancers.
- ★ Ballet is the foundation of all dance, and it is very evident if you have strong ballet training or not.
- ★ Additional ballet training helps improve technique, lines, control, flexibility, turnout, and performance quality.

★
*Strong
Technique.
Confident
Performance.*
★

If you only do group dances...

- ★ You are on stage as a group, and one ballet class per week is enough to support your training and success.
- ★ Your team classes will continue to build the skills and technique you need to shine in your group performances.



Our goal is simple:

To give every dancer the training they need to reach their highest potential and feel confident every time they take the stage!

We are excited about this new structure and know it will help our solo, duet, and trio dancers grow, improve, and truly shine!



★ *Better training today. A stronger dancer tomorrow.* ★

★ ONE TEAM. ONE GOAL. OUR BEST PERFORMANCE. ★



STARS TEAM MASTER CALENDAR

Plan ahead. Stay prepared. Shine all season long.



★ **SEASON 2026 – 2027** ★

 DATE		EVENT
August 15–16, 2026		Stars Team Line Choreography Sat Aug 15th 3:00-7:00 & Sun Aug 16th 3:00-7:00
Saturday, August 29, 2026		Stars Team Pool Party 3:00-6:00
Sunday, August 30, 2026		Line Rehearsal 4:00-6:00 Ballet Class for dancers with S/D/T 6:00-7:30
Sunday, September 13, 2026		Line Rehearsal 4:00-6:00 Ballet Class for dancers with S/D/T 6:00-7:30
Sunday, October 4, 2026		Line Rehearsal 4:00-6:00 Ballet Class for dancers with S/D/T 6:00-7:30
Sunday, November 8, 2026		Line Rehearsal 4:00-6:00 Ballet Class for dancers with S/D/T 6:00-7:30
Sunday, November 15, 2026		Turn It Up Convention
Fri–Sun, November 20–22, 2026		Accelerate Acro Convention
Mon–Sun, November 23–29, 2026		Thanksgiving Break (no classes)
Sunday, December 13, 2026		Line Rehearsal 4:00-6:00 Ballet Class for dancers with S/D/T 6:00-7:30
Sun, Dec 20, 2026 – Sun, Jan 3, 2027		Winter Break (Classes resume Mon, Jan 4, 2027)
Sunday, January 10, 2027		Line Rehearsal 4:00-6:00 Ballet Class for dancers with S/D/T 6:00-7:30
Saturday, January 23, 2027		Stars Team Dress Rehearsal (all day)
Fri–Sun, January 29–31, 2027		Fusion Comp – Lakeland
Sunday, February 7, 2027		Line Rehearsal 4:00-6:00 Ballet Class for dancers with S/D/T 6:00-7:30
Fri–Sun, February 26–28, 2027		Masquerade – Sarasota
Sunday, March 7, 2027		Line Rehearsal 4:00-6:00 Ballet Class for dancers with S/D/T 6:00-7:30
Mon–Sun, March 22–28, 2027		Studio Spring Break – No Classes
Sat & Sun, April 3–4, 2027		Studio Picture Weekend
Sat–Sun, April 23–25, 2027		April Competition (still deciding which one)
Fri–Sun, April 30 – May 2, 2027		The Movement (S/D/T optional) – Tampa
Friday, May 28, 2027		ATD Dress Rehearsal
Sat & Sun, May 29–30, 2027		ATD Recitals
Fri–Mon, June 4–7, 2027		Nashville Trip (optional dance experience)

Please Note:

*All dates and times are subject to change.
We will communicate any updates as soon as possible.*

