



ATD Stars Team

Show up with drive and passion. Leave with a dance family that challenges you and helps you become better as an individual and performer.



Team Divisions

Being on a dance team is a wonderful opportunity to develop technical dance skills, while making great friends and building confidence. Dancers will experience the joy of performing at various dance events and will work as a team to learn and grow as dancers. To ensure that each dancer has the opportunity to flourish with dancers of similar age levels and maturity, we have divided our team into six smaller teams. However, these groups are fluid and allow for dancers to dance on more than one team if it is in the best interest of the dancer and the overall dance routine. Below is a list of how our dancers are generally grouped.

• **Mini/Shining Prep**

Ages 8+ yrs old
Beginner

Lil Stars

Ages 5-8 yrs old
Beginner

Mini Stars

Ages 6-9 yrs old
Beginner/Intermediate

Shining Stars

Ages 10 & up
Beginner/Intermediate

Rising Stars

Ages 7-10 yrs old
Intermediate

Shooting Stars

Ages 10 & up
Intermediate

Super Stars

Ages 12 & up
Intermediate/Advanced

Team Benchmarks

Lil Stars

Alternating Chasses
Battements
Skips w/ Pointed Toes
Pivots
Chaine Turn
Prep for Turns (side, prepare, passe, balance)
Jazz Walks
Great attitude towards dance and focus.

Rising/Shining

2 Splits
Double Pirouette
Illusions
Leg Hold Turns
Int/Adv Technique & Flexibility
Int/Adv Leaps & Jumps (Ex. Side Leap)
*Skills from previous levels/
teams

Mini Stars

One Split
Single Pirouette
Chasse Step Leap
Pique Turns
Leg Hold/Balance
*Skills from previous levels/
teams

Shooting/Supers

3 Splits
Triple Pirouette
A La Seconde Turns/Fouette
Turns
Advanced Leaps & Jumps (Ex. Calypso Leap)
Advanced Technique & Flexibility
*Skills from previous levels/
teams

*Dancers are not required to be capable of all of these skills. These benchmarks should be used as skills achievable by the end of the year.

Selection Process

Evaluation



Both returning team members and new students **MUST** attend at least one of the intensive camps for evaluation. Intensive camps will be held June 12th-16th and July 17th-21st. Tryouts for our competition team will be held from 12p - 3p the Friday of each intensive camp on June 16th and July 21st. If you are not able to come to either tryout, you can schedule a private/semi-private tryout with our teachers at a rate of \$60 per hour. When signing up for an intensive camp, please specify that you want to be evaluated for the Stars Team.

Placement

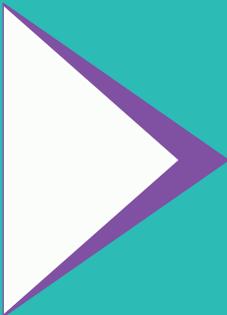


At the end of summer, our teachers will decide about each student's acceptance and placement on our stars team. While each team within our stars team has a basic guideline for age, teachers may move a dancer up or down for certain styles of dance such as ballet and acro. This is to accommodate the dancer's individual strengths and weaknesses. All these decisions will be based on the techniques, skills, and attitudes exemplified during the Intensive camp.

Advancement



If your dancer is determined to be on a certain team, we suggest referring to our team benchmarks on pg. 3. Practice these benchmarks to prepare for your tryout. Feel free to also ask your teacher what general skills you should work on to prepare for your tryouts. You may also want to consider getting private lessons from one of our teachers to help you reach your tryout goals. Private lessons cost \$60 per hour.



Selection Process

Dances



After students have been placed in teams, our teachers may decide to do several dances in various styles. During this time, they will further divide into groups. For example, the Mini Stars team may do a tap dance with just a few members of the team but do a musical theatre dance using all the dancers on the mini stars team. Furthermore, while every team member will have the chance to dance in a group dance, only select dancers may be chosen for solos, duets, or trios. Dancers are expected to maintain a proper balance between group and solo/duet/trio dances. Parents will be informed of any dances their dancer was selected for by the end of summer. Parents will have the final say in which dances their dancer participates in. For example, if your dancer is chosen for 4 dances but you only want to pay for two costumes, you can choose just two of the dances. Keep in mind you will still need to be present at ALL competitions as we will be performing ALL our dances, at EVERY competition.

Mini/Shining Prep

Ballet - 1.0 - 1.5 hrs

Dance Block - 2.0 hrs

Acro - 1.0 hr

Rehearsals - 0.5 or .75 hrs

Lil Stars

Ballet - 0.75 - 1.0 hrs

Dance Block - 2.0 hrs

Acro - 1.0 hr

Rehearsals - 0.5 or 0.75 hrs

Mini Stars

Ballet - 0.75 - 1.0 hrs

Dance Block - 2.0 hrs

Acro - 1.0 hr

Rehearsals - 0.5 or 0.75 hrs

Team Requirements

*Dance Block - Production review; choreography and combinations of various styles; jazz competition technique; leaps & turns; conditioning & stretching.

Rising Stars

Ballet - 1.0 - 1.25 hrs

Dance Block - 2.0 hrs

Acro - 1.0 hrs

Rehearsals - 0.5 or 0.75 hrs

Shining Stars

Ballet - 1.25 - 1.5 hrs

Dance Block - 2.0 hrs

Acro - 1.0 hr

Rehearsals - 0.5 or 0.75 hrs

Shooting & Super Stars

Ballet - 1.5 hrs

Dance Block - 2.0 hrs

Acro - 1 hr

Rehearsals - 0.5 or 0.75 hrs

**Acro and Ballet will be placed by individual skill level rather than by team placement.
Ballet levels increase in time as the skill level increases.

Competitions & Expectations

Choreography Week

From August 5 - August 17 we will be working on group choreography. Please try to keep these dates as open as possible. Once our teachers have put teams together and decided on choreography, they will put a schedule together. Production choreography will be held August 12th and 13th from 10am - 4pm.

Competitions

We will have 3 mandatory competitions and 1 optional competition from February - May 2024. We try to do one competition a month during this time, keeping the majority of these competitions local. We will also offer two conventions, however, only students from the rising team and above are required to attend at least one convention. All competition/convention dates will be provided in September. While you may choose which dances to participate in, we do require that you attend all mandatory competitions. This is because we perform all our dances at each competition and the choreography for each dance will be dependent on the whole group being present. Dancers **MUST** attend all rehearsals the week before a competition in order to perform.

Production Line

ATD's production routine is open to all Stars Team dancers ages 5+. The production routine will compete at all mandatory dance competitions and will be the opening number for all 2024 recital shows. Rehearsals will be held one Sunday per month from 4 - 6pm. There will be a \$20 charge for these rehearsals. Please save August 12th and 13th from 10am - 4pm for production choreography.

Other Opportunities

Occasionally, we will have performance opportunities such as holiday dances and/or parades. All of our Stars Team dancers will be asked to participate in these extra events but they are not required to participate. These extra events may involve additional choreography and costume fees. You will be given all the information for these events as they arise so you can make the decision that is best for you and your dancer.

Attendance Policy

Attendance to classes and rehearsals is mandatory.

A valid reason such as an illness or emergency must be given for all absences. We may require a doctor's note as proof.

For every 3 absences that a dancer incurs per class, they will be required to attend a makeup class or private lesson.

*If a dancer is injured and no longer able to dance they should still come to class and take notes when possible.

Dancers will be required to take a private lesson for any of the following reasons:

1. If a student is continually late to class.
2. If the student is falling behind the rest of the class.

Dancers must attend all dress rehearsals the week before a competition in order to perform.

Dress Code

Dress Code Violation Policy:

Dress code/hair violations will receive two warning slips before being required to purchase appropriate attire or hair supplies from the ATD store and change before re-entering the class.

*Please put names and initials on all dance shoes. Either by writing directly on the shoes or on a piece of tape.

For all classes we require a leotard and tights (preferably tan) or other form-fitting attire and the appropriate dance shoes. Hair should either be in a bun, ponytail, or braid (no pigtails/twin braids). Dancers with short hair should still pull their hair back as much as possible (i.e. headbands, hair clips, etc.)

Please see the next page for more specifications regarding shoes and certain recreational classes.



Dress Code

Dance Blocks/Dress Rehearsals - Dancers are required to wear any combination of the ATD Stars Team Dancewear items and Spirit wear items. Leotards must be worn with tan footless or convertible tights. Tights are not required when wearing shorts or leggings. All purple and teal items **MUST** come from the options provided.

****Exception** - Any black dancewear is allowed as long as it is plain without any other designs, rhinestones/sparkles, or colors on it and has been approved by a teacher.

Ballet - Black leotard with pink tights and pink ballet shoes. Hair should be in a secure bun.

Modern/Lyrical/Contemporary - Must be barefoot or in lyrical shoes.

Acro - Leotard or shorts. Pink/tan footless or convertible tights required. Must be barefoot. No Leggings.

Jazz/Musical Theater - Jazz shoes.

Hip Hop - Any type of appropriate street wear or form-fitting clothing is acceptable. Jeans are not allowed. Please wear tennis shoes.

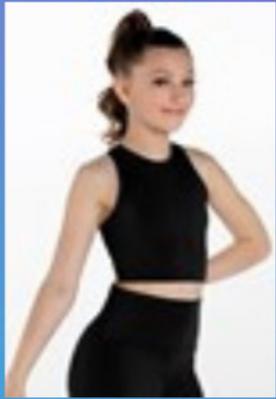
Hip Hop/Acro - Leotard, fitted shorts, and tennis shoes required. Tights and cover shirt/tank are optional.

Tap - Tap shoes.



ATD Stars Team Dancewear

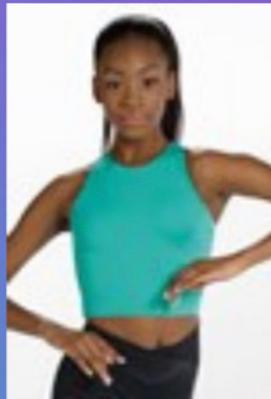
Dancers are required to wear any combination of the items below to all team classes.



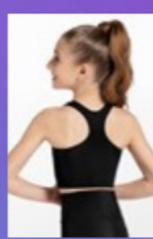
LONGER LENGTH CROP TOP
BLACK, PURPLE



CHILD \$16
ADULT \$18



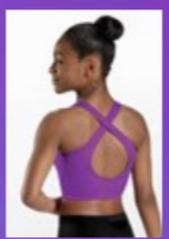
CROPPED RACERBACK TANK
BLACK, TEAL, PURPLE



CHILD \$16
ADULT \$18



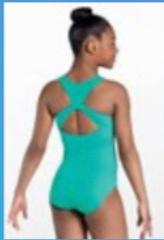
HIGH NECK CROP TOP
BLACK, PURPLE



CHILD \$16
ADULT \$18



RACERBACK LEOTARD
BLACK, TEAL, PURPLE



CHILD \$22
ADULT \$24



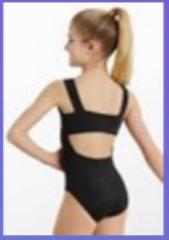
LOW BACK LEOTARD
BLACK, TEAL, PURPLE



CHILD \$14
ADULT \$16



WIDE STRAP LEOTARD
BLACK, TEAL



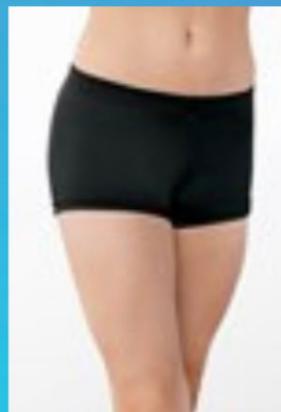
CHILD \$22
ADULT \$24



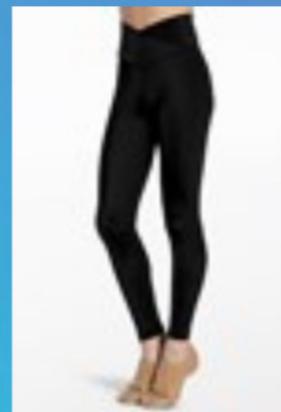
V WAIST
BLACK, PURPLE
CHILD \$16
ADULT \$18



MID LENGTH
BLACK, PURPLE
CHILD \$12
ADULT \$14



CLASSIC LOW RISE
BLACK, PURPLE
CHILD \$12
ADULT \$14



V WAIST LEGGINGS
BLACK, TEAL
CHILD \$22
ADULT \$24



MID RISE CAPRI
BLACK
CHILD \$18
ADULT \$20

We have sizes & samples of all items at the front desk. Orders must be placed with the front office staff. All items are plus tax & will be charged to your account.

Expenses



***All Expenses are subject to change.**

Joining fee - \$75

Choreography fees:

Small Group (4-9 dancers) - \$350

Large Group (10+ dancers) - \$400

Line/Production (21+ dancers) - \$50-\$80 per dancer

Solo/Duo/Trio - \$275

*All choreography fees include four hours of choreography and the fees are evenly divided among dancers.

Costume fees range from \$100 - \$150 per dance.

(Additional fees may incur to ensure that you have the correct tights and shoes for each dance).

Competition entry fees:

Group - approximately \$55 - \$65 per student, per competition.

Duo/Trio - approximately \$60 - \$75 per student, per competition.

Solos - approximately \$120 - \$150.

*You may also need to take some private lessons for extra practice. These cost \$30 for half an hour, \$60 for a full hour.



Termination of Contract:

Failure to meet the requirements detailed in this handbook and the signed Stars Team Contract may result in a \$120 termination fee per dance that your student committed to.

Testimonials



"I love being on the STARS team because it gives me the chance to be on stage, show my sassy side and compete. I've made the best friends and we have a lot of fun together on and off the stage."

-Reagan Fuentes, Age 8



"I am proud of our team who have worked hard, smiled through the tough times and worked together as a team! Love you Shining Stars friends!"

- Harriett, Age 13



"Taylor loves the friends she's made on the stars team as well as her teachers! She has improved so much over the past few years!"

-Aly Gavin, Dance Mom



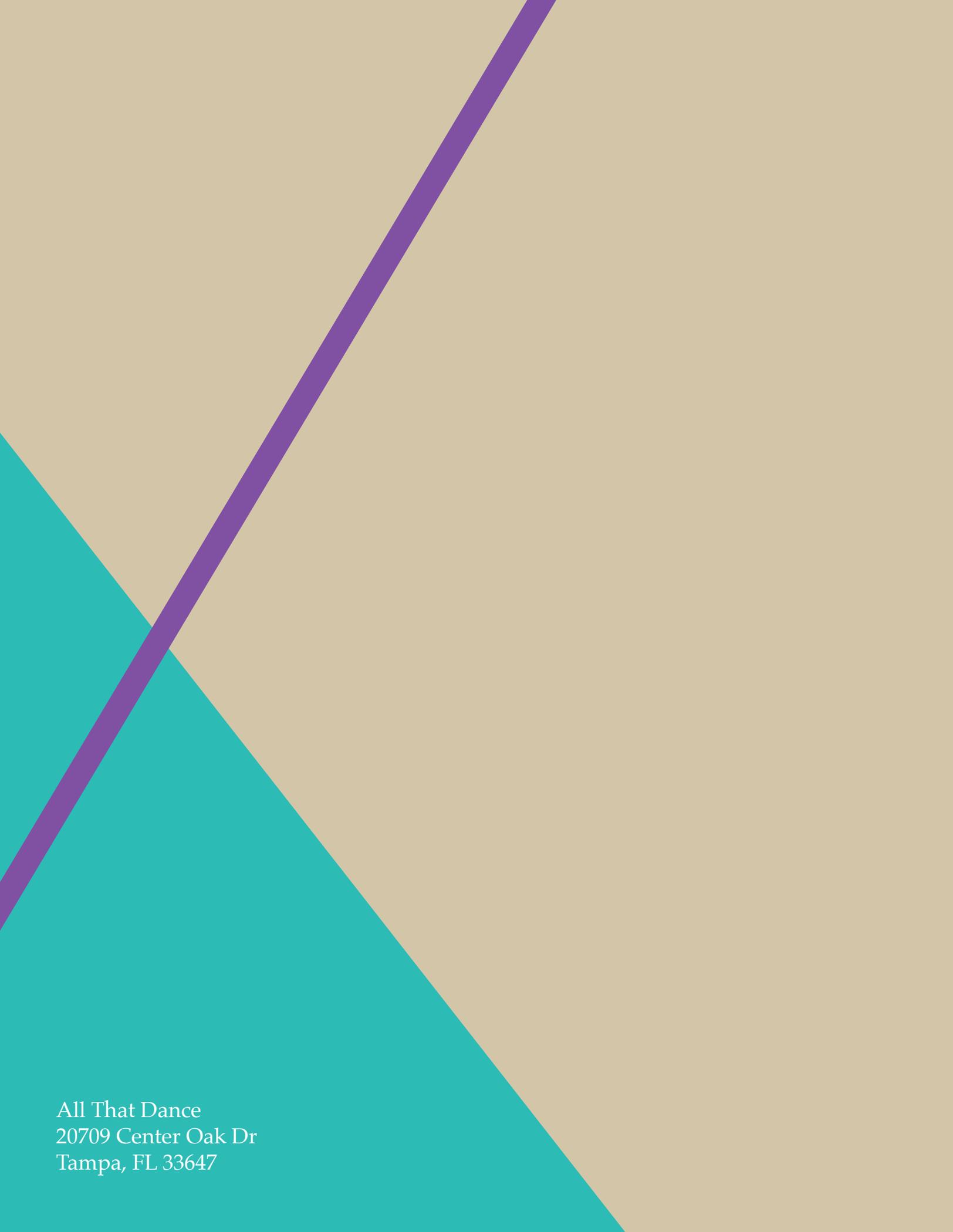
"Victoria's confidence level has increased over this past year! And with all the uncertainties of COVID, the Stars team has been a place of consistency and friendships for her."

- Raquel Johnson, Dance Mom



I think if Tiffany had one thing to say about ATD stars team, she would say that she wishes she had started at ATD sooner!

– Aimee Ross, Dance Mom



All That Dance
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